

Sky Taekwondo Safety Guidelines

For Sky Taekwondo

- **Sky Taekwondo decided to have Max. 12 students per class** although the maximum number of participants with a social distance per class is 16 students as precautionary measures. Therefore, students should register in set classes and only show up during their own class time. If a student misses a class and is in need of a make-up class, please check with Sky team in advance.
- When a student is entitled to 3 classes per week, the 3rd class should be registered on either Friday or Saturday
- Sky Taekwondo Team will try as hard as we can to make our club clean and safe for our members under the COVID-19 pandemic.
- Sky Team will be wearing a mask and their temperatures will be checked prior to opening a class.
- Sky Taekwondo will try to follow by the guidelines set by the Government of Alberta and City of Edmonton.
- Sejong Multicultural Centre and Sky Taekwondo will co-operate to maintain the Centre and Club as a clean and safe place for all.
- There is a professional care-taker for the Centre and they clean and sanitize the Centre after its business hours every night.
- Sky Taekwondo will seriously monitors the safety of training methods and cleanness of our facility as well as the equipments constantly during the business hours.

For Students and Parents

1. Upon arrival at the Centre for a student
 - Student should have put on their uniform before coming to Centre and Taekwondo
 - A student should wear a mask when entering into the building.
 - A student should sanitize its hands with the kits set up at the centre or their own sanitizers.
 - A student should come into a class on time: an exact time for your class.
 - We recommend that if you arrive at the Centre earlier, please wait at the main floor lobby area.
 - * Sky staff members will need 10 minutes to clean and sanitize the equipment.
 - * 10 minutes gap will also clear the traffic for between classes.
 - When entering into a class, Sky Team may sanitize a student's hands again.
 - According to the city's by-law, students can take their mask off while training but we highly recommend a student to wear a mask while training.
 - All instructors and Masters will instruct the classes while wearing a mask.
 - For Intermediate and Advanced classes, students will have to wear a mask for a focus pad partner training.
 - Sky Team will sanitize a student's hands whenever needed during a class for precautionary measures.
 - No Hi-Five and No Yelling (Kiyup) during a class.
 - After a class, please sanitize your hands with kits set up at the centre since you have to push doors (elbow push is a smart idea!) when leaving the centre.
2. **Dropping off and Picking Up Procedures for Parents**
 - Sky Taekwondo recommend that parents drop off and pick up your kid(s) on time.
 - Sky Taekwondo recommend that parents stay in your vehicle or wait at the lobby in the Centre's main floor.
 - If your kid is new to Taekwondo or under 5 years old, Sky Taekwondo recommend that parents lead your kid to a class and wait in the 2nd floor hallway.
 - Sky Team will advise parents if your kid needs your assistance during a class.

- Sky Team may ask you to stay inside of the club if your kid needs your constant support.
- It's mandatory for parents to wear a mask all the time when in the building.
- All parents should sanitize your hands with the kits set up at the centre or your own sanitizer.
- Sky Taekwondo recommend that all families sanitize their hands once again when leaving at the centre since you have to touch the gate.

Note: The Safety Guideline is subject to change due to the Government of Alberta, City of Edmonton and Sky Taekwondo's Health and Safety Regulations under the Covid-19.



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